



## AL-ANWAR

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### Store Hours:

Mon. & Tues.: CLOSED  
Wed. – Sat.: 11:00 AM – 7:00 PM  
Sunday: 12:00 – 6:00 PM

## COUPON Grand—Opening Special

20% Discount on All  
Purchases over \$10.00

EXCLUDES Regular Store Specials see below  
(DOES NOT INCLUDE buy 3 get 1 free 1/3 oz. oils or 10 incense for \$5.00)  
Offer not valid without coupon  
Offer Valid July 1 – 31, 2004

## COUPON Smoking Bottle Special

Buy any Smoking Incense Bottle  
and Get 10 packs of Incense FREE  
Savings of \$5.00

(Offer Limited to regular \$0.75/pack – 8 gram Indian incense)  
Offer not valid without coupon – not valid with other offers  
Offer Valid August 1 – 31, 2004

## NSP Vitamin Facts

### ♥ SynerPro Multiple Vitamins & Minerals

(NSP #1644-1), 60 tablets. This vitamin (2 tablets) provides a balanced combination of 16 vitamins, minerals, and vegetables including: Vitamin A (25,000 IU), Vitamin B<sub>1</sub>/Thiamin (1.5 mg.), Vitamin B<sub>2</sub>/Riboflavin (1.7 mg.), Vitamin B<sub>3</sub>/Niacin (20 mg.), Vitamin B<sub>5</sub>/Pantothenic Acid (10 mg.), Vitamin B<sub>6</sub> (2 mg.), Vitamin B<sub>7</sub>/Folic Acid (400 mcg.), Vitamin B<sub>12</sub> (6 mcg.), Vitamin C (60 mg.), Vitamin D (400 IU from fish oils), Vitamin E (30 IU), Biotin (300 mcg.), Calcium (250 mg.), Chromium (100 mcg.), Copper (2 mg.), Iodine (150 mcg.), Iron (18 mg.), Magnesium (100 mg.), Manganese (1 mg.), Molybdenum (75 mcg.), Phosphorus (180 mg.), Selenium (50 mcg.), Zinc (15 mg.), citrus bioflavonoids, and vegetables.



min (1 tablet) provides the following combination: Vitamin A (25,000 IU), Vitamin B<sub>1</sub>/Thiamin (25 mg.), Vitamin B<sub>2</sub>/Riboflavin (25 mg.), Vitamin B<sub>3</sub>/Niacin (50 mg.), Vitamin B<sub>5</sub>/Pantothenic Acid (50 mg.), Vitamin B<sub>6</sub> (25 mg.), Vitamin B<sub>7</sub>/Folic Acid (0.4 mg.), Vitamin B<sub>12</sub> (50 mcg.), Vitamin C (250 mg.), Vitamin D (1000 IU), Vitamin E (30 IU), Biotin (0.3 mg.), Calcium (144 mg.), Copper (2 mg.), Iodine (0.15 mg.), Iron (20 mg.), Magnesium (3 mg.), Manganese (3 mg.), Selenium (50 mcg.), Zinc (30 mg.), in a base of choline, inositol, PABA (para-amino benzoic acid), alfalfa, chamomile, dandelion root, golden-seal root, kelp, lemon bioflavonoids, myrrh, psyllium seed, rose hip, rutin & wheat germ. (DO NOT USE IF YOU HAVE GLUTEN ALLERGIES.)

### ♥ Multiple Vitamins & Minerals Time Release (NSP #1619-5), 60 tablets. This vita-

# The Good Scents Journal

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Volume 2, Issue 4

July 1, 2004

## New Items!

☉ **Oils:** Black type for Women, Ralph Cool type for Women, Le Baiser du Dragon (Kiss of the Dragon) type for Women, Lacoste type for Men, Lacoste type for Women, Trouble for Women, and more...see page 3.

☉ **New Additions:** Madina Brand Skin Lightening Soap; Madina Herbal Toothpaste; Black-light effect Smoking Incense Bottles; Incense Matches; WildBerry Incense; Coconut Incense by Tulasi; Green Rose Incense by Tulasi; Tangerine Incense by Tulasi; Rose Incense by Tulasi; Passion Potion Incense by Kamini; and Dragon's Blood Incense by Kamini.

## Jasmine

Jasmine is a regal flower, with blossoms that generally open at night. It is known as "Queen of the Night" in India. In some cultures, this flower is considered the ultimate floral scent, even more important than rose. During the 16th century, jasmine was reportedly



and before the dew has evaporated off the blossoms) to provide 1 lb. of absolute (or approximately 3.6 million blossoms per pound of absolute). A pound of jasmine essential oil/absolute can cost upwards to \$6,000/lb.

Jasmine is presently grown in France, India, China, Morocco, Egypt and Algeria for the perfumery trade, where it quickly became a "hit."

In aromatherapy traditions, this oil can be used to relieve menstrual and musculoskeletal cramps, as well as being an anti-depressant. Careful, because with this powerful floral, a little goes a long way.

Jasmine is one of the most expensive floral ingredients in perfumery and aromatherapy. The essential oil can only be obtained using expensive CO<sub>2</sub> distillation. Most often the absolute (the result of placing millions of jasmine flowers in a solution that absorbs their oil) is used. It takes almost one ton of fresh jasmine blossoms (which have to be picked before sunrise

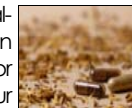
Trivia Question: Jasmine belongs to which plant family?

Answer: Oleaceae or the Olive family. 🌸

## Vitamins to the Rescue

Most of us can remember taking a vitamin as a child, but we usually stop this habit as we get older. New studies indicate that a balanced multi-vitamin can not only reduce your risk for cancer and prolong your health, but also delay the onset of some diseases such as AIDS. A recent eight-year Harvard study showed that patients with HIV could delay the progression to AIDS by 30% just by adding a multi-vitamin to their daily regimen.

Nature's Sunshine offers two multi-vitamin formulas that could be just what the doctor ordered: Multiple Vitamins & Minerals in a time released formula (NSP number #1619-5) or SynerPro Multiple Vitamins & Minerals (with additional herbs and vegetables — NSP number #1644-1).



Don't forget to take your vitamins...it could help prolong your life. 🌸

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## Perfume Stories

### No. 5 by Chanel

In 1921 Coco Chanel chose the world-famous perfume Ernest Beaux to create a new fragrance for her design house. Legend has it that she chose the fifth sample presented, on the fifth day of the fifth month and voila, No. 5 by Chanel was born.



Good Sense about  
Good Scents

This particular fragrance represented a break-through in modern perfumery, because of the inclusion of "aldehydes." (Aldehydes are a laboratory created organic compound that provides a powdery scent to this fragrance.) This classic fragrance still ranks as one of the most popular fragrances every made and one of the best-selling fragrances ever.

No. 5 is a hauntingly beautiful blend of aldehydes, ylang-ylang, neroli, jasmine and rose in a base of sandalwood and vetiver. Actually this fragrance has over 130 separate ingredients...too many to list.

### Shalimar by Guerlain

Guerlain is a company that began in 1828 and has had most of its success with Shalimar. Shalimar was created in 1925 as an oriental (all things Asian were popular then). This fragrance was the first to use the artificial scent "vanillin" as a substitute for vanilla. This Asian-inspired fragrance also

includes: sandalwood, lavender, herbs, citrus, spices, and incense. This fragrance was named after the Gardens of Shalimar in Lahore India (built by the same ruler that later built the Taj Mahal).

### Casmir by Chopard

The proper pronunciation of this fragrance is caz-mere, but it can also be pronounced cash-mere. Believe it or not, but this fruity-oriental fragrance was only released in 1994. An enticing blend of mango, peach, coconut, bergamot, vanilla, jasmine, lily of the valley, geranium, amber, musk, and castoreum. This modern fragrance definitely recalls fragrance classics such as Shalimar and Opium.

### Opium by Yves St. Laurent

This is another oriental perfume that was launched in 1977. The launch of the fragrance made oriental fragrances popular once again. A blend of jasmine, carnation, mandarin, patchouli, balsam, benzoin, frankincense, ginger, cinnamon, coriander, cedarwood and ylang-ylang. This was the first of the floral-orientals or "florientals." ❁

## New Additions

### ❁ Black-Light Effect Smoking Incense

**Bottles:** these new black-light effect smoking incense bottles are available in four colors, priced at \$15.00 ea.

❁ **WildBerry Incense:** loose stick incense in 24+ fragrances, 8 sticks for \$1.00.

❁ **Tulasi Incense** (8 gram square pack): Coconut, Green Rose, Rose, Tangerine, Awakening, Energizing, Meditation, Refreshing, Relaxing & Sensuality, \$0.75/pack.

❁ **Incense Matches:** 12+ fragrances \$1.00/

pack.

❁ **Kamini Incense** (8 gram square pack): Dragon's Blood & Passion Potion, \$0.75/pack.

❁ **Madina Brand Skin Lightening Soap:** 100% vegetable base soap with botanical ingredients weighs in at 4.75 oz./bar, retail price is \$2.25 ea. or 6 for \$12.00.

❁ **Herbal Toothpaste by Madina:** 100% vegetable base in 4 oz. Tube, retail price is \$3.50 ea. or 2 for \$6.00. ❁

## Fragrant Additions

The following fragrances have been added since May 1, 2004:

- ❁ Black (Kenneth Cole) type for Women
- ❁ Frozen Cool Water type for Men
- ❁ Frozen Cool Water type for Women
- ❁ Lacoste type for Men
- ❁ Lacoste for Women
- ❁ Le Baiser du Dragon (The Kiss of the Dragon) type for

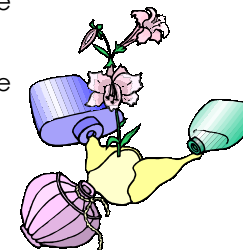
Women

- ❁ Provocative type for Women
- ❁ Ralph Cool type for Women

❁ Tommy Summer type for Men

❁ Tommy Girl Summer type for Women

❁ Trouble type for Women



**NOTE:** As always, these represent our versions of fragrances and are not associated with any registered or trademark protected designer or manufacturer. ❁

## Fragrant Considerations

Each year since 1973 the Fragrance Foundation decides on the most-outstanding fragrances released during the preceding year. The following is a partial listing of these award-winning fragrances:

### 2004

**Women:** Burberry Brit, Celine Dion

**Men:** Black – Kenneth Cole, Purple Label – Ralph Lauren, Adidas Adrenaline Man

**Hall of Fame Fragrance:** Polo — Ralph Lauren

### 2003

**Women:** Vera Wang, Chance

**Men:** Polo Blue Ralph Lauren, Marc Jacobs

**Hall of Fame Fragrance:** Eternity — Calvin Klein

### 2002

**Women:** Flower by Kenzo, Coco Mademoiselle, Pink

**Men:** Michael for Men — Michael Kors,

Higher, Very Sexy for Him

### 2001

**Women:** Michael — Michael Kors, J'Adore, Adidas Moves for Her, Dream Angels Divine

**Men:** Burberry Touch for Men, Gucci Rush for Men

### 2000

**Women:** Baby Doll, Gucci Rush, Dream Angels Heavenly

**Men:** Salvatore Ferragamo pour Homme, Ralph Lauren Romance Men, Adidas Moves

### 1999

**Women:** Lolita Lempicka, Ralph Lauren Romance, Dark Vanilla

**Men:** Bvlgari Black, Allure Homme

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